



More Than Sober Living.
Your Road to Recovery.



**BRIDGEWAY
RECOVERY**

"In my time at BridgeWay, I have been able to make lasting and true friendships with people who have my back and can support me. The environment, house managers, and owner provide a safe environment for me to be able to go through the necessary steps of recovery without worrying about distractions that life outside of sober living brings. I can't say enough about how much of a blessing this place has been."

- Andrey



THE BRIDGEWAY SOBER LIVING EXPERIENCE IN AUSTIN

Getting sober is a literal rebirth. It is an exciting time of possibilities and growth -- the newly sober person is finally FREE to live the life of their dreams!

With this newfound freedom also comes the choices of where and how to live. At Bridgeway, we think there's no better place in America to get and STAY sober than in the vibrant, dynamic, creative, culturally rich community that is often voted one of America's best cities. The music scene, the foodie culture, the exploding tech industry, Barton Springs, Zilker Park -- you can feel the energy in the air in Austin!

If you are sober in Austin, there is no shortage of things to do to keep active and engaged in your new healthy life. Along with all of the dynamic aspects of living in Austin, there is also one of the oldest and strongest recovery communities in the United States. Some people literally move to Austin just for the amazing 12 Step and recovery community. You might find yourself in a meeting with a legendary musician -- or some really interesting and notoriously kind and friendly fellow sober travelers.

It all serves to make Austin a truly special place to seek meaningful long-term sobriety in.

WHY SOBER LIVING AND WHY BRIDGEWAY?

At BridgeWay Recovery, we know that the first few months of sobriety are the trickiest: cravings can still be very strong; emotions can be raw; triggers can be especially powerful. That's why living with other sober people walking the same path can help strengthen your path.

There is indeed strength in numbers! You don't need to be alone to deal with a tough family phone call, or to get the courage to go on a job interview. You will have a community of sober friends helping to heal and support you. And you will also have a caring and professional staff to offer coaching, support, and guidance every step of the way!

At BridgeWay Recovery, we have over ten house managers as well as several full-time employees dedicated solely to Sober Living in Austin and ensuring the environment is safe, nurturing and highly accountable, and who are dedicated to serving the needs of our residents.

The program at BridgeWay Recovery is different from others you may have experienced. We provide upscale holistic sober living in downtown/central Austin at the most affordable prices while offering holistic services such as Gym Membership, daily Yoga classes at the country's best YMCA (Townlake YMCA which includes Olympic pool, sauna, jacuzzi, meditation, fitness classes), monthly community events, monthly maid service, a community resource center with computers and staff support, and the use only 12 panel UA testing for added accountability -- all without insurance billing.





A NEW STANDARD FOR RECOVERY AND SOBER LIVING

At Bridgeway, we are passionate about sobriety. Our senior-level team has collectively 40+ years of sobriety. We believe in the capacity for people to change and transition. We provide additional holistic services and resources that other Sober Living environments do not so that our residents can either continue the core work they began at treatment or begin that work if they are just getting started on the spiritual journey. We truly understand that this process requires a lot of support.

That's why we've created our hugely successful Thrive in Thirty program for all new Bridgeway residents for those critical first 30 days to offer even more accountability and support.

FACILITATED BY OUR PROGRAM DIRECTOR, THE THRIVE IN THIRTY PROGRAM INCLUDES:

- Weekly recovery support
- Job support and referrals to employers that Bridgeway has established relationships with
- Life skills
- Support getting into college or vocational training
- Weekly phone updates with client's families

Amazingly, over 90% of our clients who participate in our Thrive in Thirty program stay sober throughout the program.

THE BRIDGEWAY SOBER LIVING RECOVERY TEAM

At Bridgeway Recovery we are passionate about sobriety. Our senior-level team has more than 40 years of combined sobriety. We believe in the capacity for people to change, transition and grow but we also understand that this process requires a lot of support.

You will find that our staff has a strong commitment to providing excellence in everything we do. We will welcome, support, mentor and walk with you through this journey. This is the spirit and heart you will feel when you are a part of the Bridgeway family.



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GABRIELLA JEFFORDS
*Director of Admissions
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BIVI RIORDAN
Director of Operations

“From the moment I learned of BridgeWay Recovery, I knew that I had not only found a place to live but a place to grow. It is not just a place for someone who only wants to stay sober; it is a community for people who want to change their lives. They have helped me continue to build and progress. My life is better, fuller and brighter today because I discovered BridgeWay.”

- Thomas



BRIDGEWAY RECOVERY

Conveniently Located Downtown
Upscale Luxury Living
Recovery Coaching
Structured Sober Living
Extended Care for Men and Women
Weekend Adventures
Customized Programming
1:1 Support
12 Step Program Based
Mentoring Relationships with Staff
Recovery Family Atmosphere

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